

12 ROUND 4: CROSS COUNTRY

2014 Gradings

Saturday 21 June 2014 Bundoora Park

North off Plenty Rd, turn right after entering
Melway Ref 19 F4

XCR'14 Series Events

THE EVENT

Selection Trial for the Australian Cross Country Championships

This bumper day of cross country racing incorporates the All Schools Cross Country Championships and also serves as the selection trial for the Australian Cross Country Championships. The open and overage men's race covers 12km of the gruelling slopes of Bundoora Park, while the women's race covers 8km. Juniors race over 3km, 4km or 6km.

XCR'14 Schools

Time	Age Group	Event	Laps
10:00am	Women U14*	3km Cross Country	1 X 3km
10:25am	Men U14*	3km Cross Country	1 X 3km
10:45am	Women U15*	4km Cross Country	2 X 2km
	Women U16*	4km Cross Country	2 X 2km
11:10am	Men U15*	4km Cross Country	2 X 2km
	Men U16*	4km Cross Country	2 X 2km
11:30am	Women U17*	4km Cross Country	2 X 2km
	Women U18*	4km Cross Country	2 X 2km
12:00pm	Men U17*	6km Cross Country	2 X 3km
	Men U18*	6km Cross Country	2 X 3km
12:40pm	Women U20*	6km Cross Country	2 X 3km
1:10pm	Men U20*	8km Cross Country	2 X 4km
1:50pm	Women Open & Masters	8km Cross Country	2 X 4km
2:30pm	Men Open & Masters	12km Cross Country	3 X 4km

*Victorian All Schools Cross Country Championships (see page 32).

General Info

ENTRIES CLOSE: Wednesday 18 June 2014, 12pm

For entry fees, online entries details and further race information, please refer to page 34.

XCR'13 Results

PLEASE NOTE

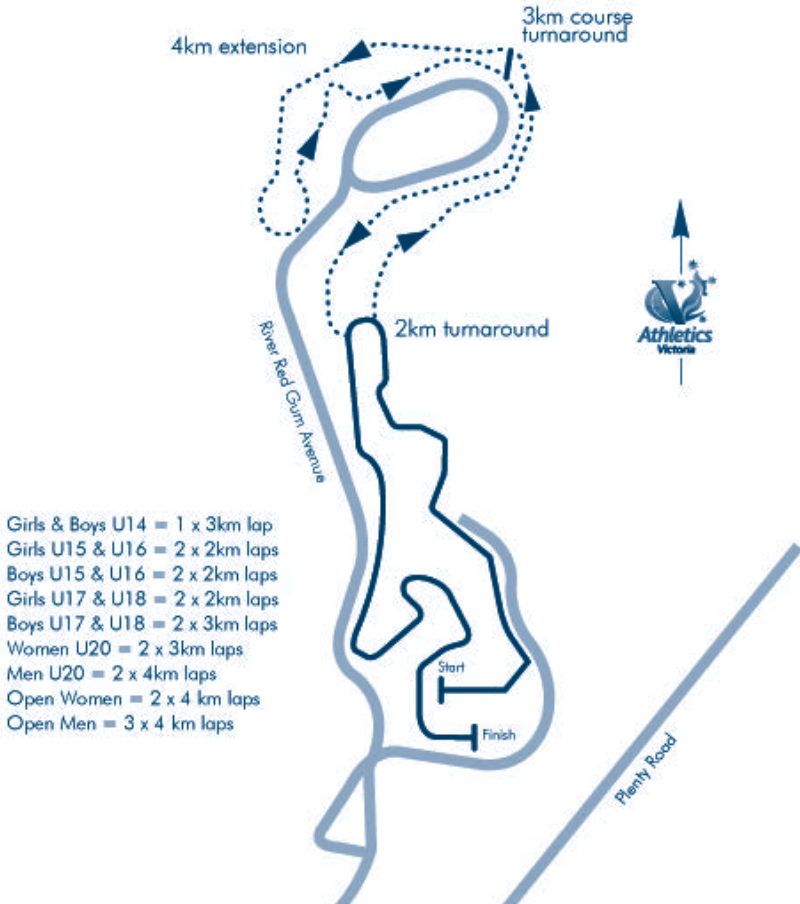
Junior age groups are to enter the 2014 Victorian All Schools Cross Country Championships (see page 32). To be eligible for the School Championship athletes must have entered by the closing date (Friday 30th May).

RACE SUPPORTER Parks Victoria



Club Contacts

PLEASE NOTE – NO LATE ENTRIES OR ENTRIES ON THE DAY WILL BE ACCEPTED



ENQUIRIES

All enquiries should be directed to
xcr@athsvic.org.au or (03) 8646 4500.

2013 RESULTS – BUNDOORA PARK

Men				Women			
Open	Stephen Kelly	BOH	37:58	Open	Melissa Duncan	KNA	30:24
40+	Lee Troop	GER	39:34	40+	Angela Williams	BAR	36:26
45+	John Meagher	BOH	43:13	45+	June Petrie	BOH	33:05
50+	Stephen Moneghetti	BAR	41:14	50+	Sue Clark	MPA	36:25
55+	Mark Purvis	APU	47:06	55+	Lavinia Petrie	RWD	39:50
60+	Chris Wardlaw	GHY	54:10	60+	-	-	-
U20	Jack Davies	BAR	26:20	U20	Samantha Prime	CCA	21:51