



Patrick Rowan & Associates
CERTIFIED PRACTISING ACCOUNTANTS



Sandown Road Race Report - Sat May 29, 2010



Close to perfect conditions greeted the large Geelong contingent that descended on Sandown Racecourse for one of the biggest races on the XCR calendar. With just a slight headwind up the front straight, there really were no excuses.



The junior runners were the first away for a 1 lap 3km race. Our U14 Men dominated with Isaac Hockey, Jack Stekelenburg & Jack Verstraten combining to take out the U14 teams category – great work! Isaac Hockey & Claudia Verstraten were the best performed juniors with Isaac finishing 3rd overall & Claudia 4th.



The open runners as well as the U18 & U20 Men competed over a 10km course. With 17 open men & 9 open women, this was the biggest representation we've had in many years.



Leading the way was Mark Tucker, just 2 weeks out from his GOR Marathon win. Mark sat in the pack for the majority of the race before unleashing his trademark kick for home to take victory in 30.13. Next in for Geelong was Scott Rantall, also backing up from the GOR Marathon in 31.16 followed by Colin Thornton who had the race of the day, recording a massive PB of 31.19, nearly 2 mins quicker than 2009! Good luck Col at the Christchurch Marathon next weekend. All of our Div 1 runners were in under 32mins but it wasn't quite enough to secure a team victory leaving us in 2nd place, 17 points behind Box Hill. This also moves us into 2nd place for the season, just 1 point behind Glenhuntly.



Our depth paid dividend in the Div 4 & Div 7 Men, with both teams scoring clear victories. Welcome to Ashley Humphrey who had his first run with us & ran well to finish in 38.11.



Our Div 1 Women also recorded their best result for the season with 8th place overall & Div 4 finished 5th. Kristen Wyatt led the team home in 39.26, a great effort given her recent GOR marathon 2nd placing. Welcome to Coreena Cleland who also had her first run with us & found that 10k is a little longer than her favourite event, the 800m!



Next Race: Ballarat Road Races – Sat June 19. Check [website](#) for details.



Check the next page for our Round 3 prize winners.

Awards



The **Steigen Team Player Award** goes to **Jack Hockley Samon**. Jack gets the award for being the most enthusiastic team member of the day when it came to announcing awards. He wouldn't leave my side until it was finalised! And in true team spirit, he shared his prize (or at least said he would!), with Jack Stekelenburg. Wear that Steigen gear with pride!!



The **Barking Dog Award** goes to **Ryan Christian**. Ryan has been doing a lot of behind the scenes chasing & recruiting to ensure we put up strong teams each round. His constant barrage of texts & emails have certainly provided us with some great results & thanks to everyone who has responded to them. Keep up the good work Ryan!



The "**Complete Meal Awards**" go to: **Lyn Taylor** who volunteered to be our official (though she ended up doing photography duties as her transport got lost on the way!), **Simon Gower** for a great run after working most of Friday night & **Claudia Verstraten** for her 4th place finish. Enjoy!



The **Steampacket Lunch Award** was again enjoyed by **everyone** present. A big thanks to Steampacket for their ongoing support & generosity.