



**RESULTS**  
**THE ATHLETE'S FOOT**  
**GEELONG ATHLETICS INC**  
**GEELONG CROSS COUNTRY CHAMPIONSHIPS**  
**SAT AUG 15, 2009**

**OPEN MEN (6km)**

1. Brett Coleman	20.18
2. Wes Benson	20.59
3. Colin Thornton	21.24
4. Simon Gower	22.20
5. Andrew Bell	22.30
6. Eero Keranen	23.00
7. Charlie El Hage	24.54
8. Peter Samon	30.04
9. Mark Boxer (short course - late!)	

**OPEN WOMEN (6km)**

1. Julie McNamara	26.32
2. Cathryn Hoare	27.24
3. Bridget Ure (Inv)	31.01
4. Eliesha Byrt	31.12

**U16 MEN (3km)**

1. Lewis Clark	10.56
2. Jack Stekelenburg (Inv)	11.41
3. Samuel Shields	12.29
4. Andon Seplamaev	12.34
5. Jack Hockley-Samon	12.51
6. Harry Hockley-Samon	12.58
7. Gabriel Shields	16.09

**U16 WOMEN (3km)**

1. Holly Curtis	11.56
2. Ricci Curtis	12.27
3. Wendy Parish	13.29